

Objective

A position where I can utilize (and build upon) my innovative skills of teaching and advocacy, to healthfully service a learning community.

Education

Stony Brook University, Stony Brook, NY

Master of Arts in Liberal Studies, December 2012

Major: Liberal Arts & Science

Professional Certification: Coaching

Queens College, Flushing, NY

Bachelor of Science, June 2011

Major: Physical Education

Nassau Community College, Garden City, NY

Associate Degree in Art, August 2009; Deans List 2006-2009; Joseph Dondero Phys. Ed. Scholarship

Major: Liberal Arts

Career-Related Activities

Presenter at NYC Zone Conference, CUNY Hunter College, Manhattan, NY

Jan. 2011

Presenter Brooklyn-Queens Day, Lehman High School, Bronx, NY

Jun. 2010

• Planned and prepared lessons for annual NYC DOE professional development conferences.

Member Review for Research Quarterly for Exercise and Science (RQES)

Aug. 2008-present

• Proofread publications for grammatical and spelling errors, as well as fact-checking research of submitted articles.

Physical Education Club, Queens College & Nassau Community College

Sept. 2006-May 2011

• Acting President (2008) and Secretary (2007); organized trips to conferences, advocated for Phys. Ed. and health; AAHPERD recruitment.

Professional Experience

Physical Education/Health Dept. Chair & Fitness Coach, Maspeth High School

Feb. 2013-present

• Preparing and presenting lessons effectively, administering NYS Fitnessgram assessment, advocating healthy lifestyles, helping students become valuable members of their community through fitness and character, motivating and challenging students through physical means, classroom set-up/break down, maintaining positive interpersonal communications, chaperoning school events, coaching girls' varsity softball (2013 & 2014), coaching girls' junior varsity basketball (2014), providing travel itineraries to players, conditioning coaching for fitness club, and administering first-aid when necessary.

Physical Education/Health Dept. Chair & Asst. Athletic Director, KIPP AMP Academy

Aug. 2012-Feb. 2013

• Preparing and presenting lessons effectively, assessments, advocating healthy lifestyles, helping students become valuable members of their community, motivating and challenging, classroom set-up/break down, maintaining positive interpersonal communications, chaperoning trips, ordering equipment and overseeing P.E. operations.

Physical Education Dept. Chair & Coach Southside Charter High School

Aug. 2011-June 2012

• Preparing and presenting lessons effectively, assessments, advocating healthy lifestyles, helping students become valuable members of their community, motivating and challenging, classroom set-up/break down, maintaining positive interpersonal communications, chaperoning trips, ordering equipment and overseeing P.E. operations, Creating itineraries for both basketball and volleyball teams. Creating itineraries and piecing together learning sequences to enhance player performance, in addition to building cognitive strength for strategy on the court. Other responsibilities include providing constructive criticism, reinforcing safety and providing first-aid.

Recreation Assistant & Lifeguard, Bristol at North Hills

Dec. 2010-present

• Assisting in recreational activities for both independent and dependent residents, leading activities, set up/break down, maintaining a safe environment, distribution and maintenance of activity implements, lifeguarding, and pool maintenance (chemical reading, cleaning, [etc.]).

Certifications, Training & Memberships

NYS Health Certification • CPR/AED/First Aid American Red Cross Trained • Heads-Up CDC Concussion Trained • NYC DOE CAP Trained
Project Adventure Course Trained • Polar Heart Rate Monitor Trained • AAHPERD Member • ACSM Member • ASCD Member